

Office of the Principal & Dean Faculty of AYUSH

Ref. No. No.T-806

Dated: 02/04/2026

ACADEMIC YEAR: 2025-2026

**TIMETABLE**

CLASS:BNYS 3<sup>rd</sup> year

Day/ Time	Monday	Tuesday	Lecture theatre:(LT) 04		Friday	Saturday
			Wednesday	Thursday		
08:00 -09:00AM	Yoga Practical (Dr. Geetarani)	Yoga Practical (Dr. Geetarani)	Kriyas (Dr.Niraj)	Yoga Practical (Dr. Geetarani)	Yoga Practical (Dr. Geetarani)	Yoga Practical (Dr. Geetarani)
09:00 - 09:30AM	Time for Breakfast, changing of dress, & Newspaper reading					
09:30 - 11:00AM	Manipulative Therapy Practical (Dr. Juhi)	Acupuncture Practical (Dr. Sneha)	Naturopathy Diagnosis (Practical) (Dr. Simran)	Modern Diagnosis Practical (Dr. Gaurav)	Fasting Therapy (Practical) (Dr. Jyoti)	Mentor-Mentee Meeting/Library(Dr Niraj)
11:00 - 12:00PM	Acupuncture (Dr. Sneha)	Fasting Therapy OSPE/OSCE/ REMEDIAL (Dr. Jyoti)	Acupuncture OSPE/OSCE/ REMEDIAL (Dr. Sneha)	Acupuncture (Dr. Sneha)	Acupuncture (Dr. Sneha)	Spa Technique (Dr. Seema)
12:00 - 01:00PM	Modern Diagnosis (Dr. Gaurav)	Modern Diagnosis (Dr. Gaurav)	Modern Diagnosis (Dr. Gaurav)	Yoga Application OSPE/OSCE/ REMEDIAL (Dr. Niraj)	Modern Diagnosis OSPE/OSCE/ REMEDIAL (Dr. Gaurav)	Spa Technique (Dr. Seema)
01:00 - 02:00 PM	LUNCH					
02:00 - 03:00PM	Shloka Chanting & Yoga Application	Yoga Application (Dr. Niraj)	Fasting Therapy (Dr. Jyoti)	Naturopathy Diagnosis (Dr. Simran)	Naturopathy Diagnosis OSPE/OSCE/ REMEDIAL (Dr. Simran)	
03:00 - 04:00PM		Manipulative therapy OSPE/OSCE/ REMEDIAL (Dr. Juhi)	Panchkarma Basics (Dr. Shivaji)	Manipulative therapy (Dr. Juhi)	Manipulative therapy (Dr. Juhi)	

OSPE: Objectively structured practical examination  
OSCE: Objectively structured Clinical examination  
Class Coordinator: Dr Niraj Nayan Rishi (Associate Professor)

PRINCIPAL

MASCHNYS

MHARISHI AURVEDIC UNIVERSITY  
SUBHARTI COLLEGE & HOSPITAL OF  
NATUROPATHY & YOGIC SCIENCES  
SWAMI VIVEKANAND SUBHARTI UNIVERSITY